Men's Sizing Information

	XS	S	М	L	XL	XXL	XXXL
NECK	13-13.5	14-14.5	15-15.5	16-16.5	17-17.5	18-18.5	19-19.5
CHEST	30-33	34-37	38-41	42-45	46-49	50-53	54-57
CENTERBACK ARM - short	29.5-30.5	30.5-31.5	31.5-32	32-33	33-33.5	33.5-34.5	34.5-35
CENTERBACK ARM - regular	31-32	32-33	33-33.5	33.5-34.5	34.5-35	35-36	36-36.5
CENTERBACK ARM - long	32.5-33.5	33.5-34.5	34.5-35	35-36	36-36.5	36.5-37.5	37.5-38
WAIST	25-27	28-31	32-35	36-39	40-44	45-49	50-56
INSEAM - short	30	30	30	30	30	30	30
INSEAM - regular	32	32	32	32	32	32	32
INSEAM - long	34	34	34	34	34	34	34

All measurements are in inches. The measurements provided refer to body size, not to garment dimensions. Size up if you are between measurements. + Inseam will vary depending on the style; unless otherwise noted, they will match the chart above. Refer to the **Measurement Guide** for instructions on how to find your measurements.



Heasurement Guide

Take your measurements over your basic undergarments normally worn. Stand erect without shoes with your feet shoulder width apart. For circumference measurements, make sure to keep the tape measure parallel to the floor.

Find your measurements following the directions below and refer to the size chart to determine the size to order. Do not size up or down. Our garments are designed to fit according to the specified end use and take into account other layering requirements.



Inseam - Measure straight dowr from your crotch point to the floor.